# Vegetarian & Vegan Lunch

## **Starters**

#### Salad of Palm Hearts

Spring Onions, Cucumber, Tomatoes and Garden Greens with Dill Dressing (vegan) (gf)

#### Vegetable Garden Salad

Asparagus, Pickled Mushrooms and Black Garlic (vegan) (gf)

#### Potato, Cheddar Cheese and Spring Onion Soup

Golden Croutons

# **Main Courses**

#### **Roasted Cauliflower**

Baby Gem, Carrot, Broccoli and Potato Crisp (vegan) (gf)

Fusilli Pasta Arrabbiata

#### Spiced Quorn Fajita Wrap

Avocado, Alfalfa Sprouts and Salsa (vegan)

(gf) – Denotes gluten free (ls) – Denotes low sugar

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### **Desserts**

#### Rosemary Roasted Pineapple

Mango and Pink Peppercorn Sorbet, Banana Jam (vegan) (gf) (ls)

#### Blackberry Jelly with Poached Conference Pear

Honey Yoghurt (gf) (ls)

## Cheeseboard

A Selection of Regional British and Continental Cheeses with Biscuits

# Recommended Wine

#### White Wine Glass 250ml - Fresh & Crisp

The Holy Snail Sauvignon Blanc, Domaine Joel Delaunay, Loire Valley, France **f6.50** 

#### White Wine Glass 250ml - Fruity & Aromatic

Unwooded Chardonnay, Devlin's Mount, South Australia £5.95

#### Red Wine Glass 250ml - Rich & Spicy

Malbec, Kaiken Reserve, Mendoza, Argentina

£6.75

#### Red Wine Glass 250ml- Rich & Spicy



# Vegetarian & Vegan Lunch

## **Starters**

#### Jerusalem Artichoke with Truffle

Rocket, Orange and Preserved Lemon (vegan) (gf)

#### Panzanella Salad with Heirloom Tomatoes and Crumbled Goat's Cheese

Isle of Wight Smoked Tomato Balsamic

#### **Butternut Squash Soup**

Golden Croutons

# **Main Courses**

#### Courgette, Potato and Onion Frittata

Scallop Potatoes, Green Beans and Sweet Cherry Tomato Sauce (gf)

#### Spinach, Feta Cheese and Mushroom Strudel

Thai Red Curry Sauce

#### **Sweet Beetroot and Candied Walnut Risotto**

Celery, Fennel, Green Apple Salad and Balsamic Pickled Onions (vegan) (gf)

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## **Desserts**

#### Tofu, Banana and Pecan Pancakes

Maple Syrup (vegan) (ls)

Fruit Salad (vegan) (gf) (ls)

## Cheeseboard

A Selection of Regional British and Continental Cheeses with Biscuits

## Recommended Wine

#### White Wine Glass 250ml - Fresh & Crisp

The Holy Snail Sauvignon Blanc, Domaine Joel Delaunay, Loire Valley, France **f6 50** 

#### White Wine Glass 250ml - Fruity & Aromatic

Unwooded Chardonnay, Devlin's Mount, South Australia £5.95

#### Red Wine Glass 250ml - Rich & Spicy

Malbec, Kaiken Reserve, Mendoza, Argentina **£6.75** 

Red Wine Glass 250ml- Rich & Spicy



# Vegetarian & Vegan Lunch

## **Starters**

#### Deep-fried Arancini

Piperade of Roasted Pepeprs, Tomato and Basil Purée

#### Rocket, Parmesan and Toasted Pine Nut Salad

Red Onions & Lemon Zest (qf)

#### **Sweet Potato Soup**

Edamame Beans, Onion Ash and Nori (vegan) (qf)

# Main Courses

## Poached Kohlrabi Baby Gem and Samphire

Vegetable Jus (vegan) (gf)

Penne Pasta Napolitana (v)

#### Chickpea and Roasted Vegetable Masala

Steamed Rice, Condiments, Pooris and Chutney (vegan)

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### **Desserts**

#### **Chocolate Brownie with Raspberries**

Raspberry Sorbet and Violet Crystals (vegan) (gf)

#### **Lemon Posset**

Rhubarb Compote and Viennese Biscuit (Is)

## Cheeseboard

A Selection of Regional British and Continental Cheeses with Biscuits

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Malbec, Kaiken Reserve, Mendoza, Argentina £6.75

#### Red Wine Glass 250ml- Rich & Spicy



# Vegetarian & Vegan Lunch

## **Starters**

Selection of Vegetable Futomaki and Sushi Rolls

Sushi Ginger, Tamari Dip and Wasabi (vegan) (gf)

Roasted Beetroot, Feta and Orange Mixed Leaf Salad (gf)

**Asparagus Soup** 

Crème Frâiche (gf)

# **Main Courses**

Traditional Spanish Omelette\* (gf)

Fusilli Pasta Pesto

Wild Mushroom Risotto Cake

Rocket, Sicilian Lemon and Tomato Dressing (vegan)

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## Desserts

#### **Steamed Pear Suet Pudding**

Blackcurrant Sorbet (vegan)

Plum and Vanilla Fool

with Granola (ls)

## Cheeseboard

A Selection of Regional British and Continental Cheeses with Biscuits

# Recommended Wine

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Red Wine Glass 250ml - Rich & Spicy

Malbec, Kaiken Reserve, Mendoza, Argentina

£6.75

Red Wine Glass 250ml- Rich & Spicy



# Vegetarian & Vegan Lunch

## **Starters**

#### Maple Parsnip, Carrot and Lentil Pâté

Ruby Slaw, Spelt Toast and Lightly Smoked Tofu Mayonnaise (vegan)

#### Asparagus, Sun-dried Tomato and Egg Salad

Croutons

#### **Green Split Pea Soup**

Malt Vinegar

# **Main Courses**

#### **Sweetcorn Risotto**

Lemongrass and Yuzu (vegan) (gf)

#### Twice Baked Cheese and Nutmeg Soufflé\*

Roast Beetroot and Rosemary Bruschetta

#### Miso Grilled Aubergine

Sticky Rice and Pickled Cucumber Kimchi (vegan)

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### **Desserts**

#### **Chickpea Meringue and Strawberry Compote**

Jelly and Strawberry Pearls (vegan) (gf)

#### Kumquat and Almond Cake

Blackcurrant Sorbet and Honey Sauce (Is)

## Cheeseboard

A Selection of Regional British and Continental Cheeses with Biscuits

## Recommended Wine

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Malbec, Kaiken Reserve, Mendoza, Argentina **£6.75** 

#### Red Wine Glass 250ml- Rich & Spicy



# Vegetarian & Vegan Lunch

## **Starters**

Pumpkin and Silky Tofu

Lemon Gremolata (vegan) (gf)

Palm Heart Salad with Tomato and Avocado (gf)

Green Split Pea SoupCream of Leek and White Onion Soup

with Croutons

# **Main Courses**

**Roasted Winter Vegetables with Edamame Beans** 

Apple and Balsamic (vegan) (gf)

Black Truffle Scented Three Egg Omelette\*

Jardinière of Vegetables, Salsa Verde and Brioche Toast

Pearl Barley with Vegan Cheese and Portobello Mushroom Gratin

Green Leaf Salad (vegan)

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### **Desserts**

#### Glazed Almond Rice Pudding

Amarena Cherries and Almond Praline (vegan) (gf)

#### **Baked New York Cheesecake**

Raspberry Coulis (gf) (ls)

## Cheeseboard

A Selection of Regional British and Continental Cheeses with Biscuits

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£6.75

Red Wine Glass 250ml- Rich & Spicy



# Vegetarian & Vegan Lunch

## **Starters**

Salad of Pink Grapefruit and Avocado (vegan) (gf)

Apple and Gorgonzola Bruschetta

Baby Gem Lettuce and Cucumber Salad

**Cream of Tomato Soup** 

Basil Oil and Golden Croutons

# **Main Courses**

**Pasta with Spinach and Cherry Tomato Confit** (gf)

Spiced Lentil and Bean Chilli

Jasmine Rice and Guacamole (vegan) (gf)

**Sweet Potato and Carrot Fritters** 

Lime Yoghurt and Green Salad

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## Desserts

#### Summer Pudding

Raspberry Gel and Vegan Yoghurt (vegan)

#### Carrot Cake

Sultana Purée and Walnut Tapioca Powder (vegan) (gf) (ls)

## Cheeseboard

A Selection of Regional British and Continental Cheeses with Biscuits

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Red Wine Glass 250ml - Rich & Spicy

Malbec, Kaiken Reserve, Mendoza, Argentina

£6.75

Red Wine Glass 250ml- Rich & Spicy



# Vegetarian & Vegan Lunch

## **Starters**

#### **Timbale of Stilton Cheese Mousse**

Highland Oatcakes

#### Caesar Salad

Tofu Croutons

#### **Butternut Squash Soup**

Pickled Walnuts, Croutons and Ponzu Dressing (vegan) (gf)

# **Main Courses**

#### Tandoori Tofu Tikka Masala

Jasmine Rice, Coriander and Roasted Nuts (gf)

#### Tagliatelle Pasta

Olives and Capers

#### Tempura of Cauliflower, Broccoli Florets and Baby Corn

Tomato Quinoa and Summer Herb Dip (vegan)

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## **Desserts**

#### Dark Chocolate and Olive Oil Marquise

Orange Sorbet, Candied Orange and Spiced Syrup (vegan) (gf)

#### Strawberry and Greek Yoghurt Fool

Oat Crumble (ls)

## Cheeseboard

A Selection of Regional British and Continental Cheeses with Biscuits

# Recommended Wine

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£6.75

#### Red Wine Glass 250ml- Rich & Spicy



# Vegetarian & Vegan Lunch

## **Starters**

Sun-dried Tomato, Garlic and Olive Croquette
Ratatouille (vegan)

Sweet Potato, Artichoke and Baby Corn Salad

Sweet Lemon and Tarragon Dressing (gf)

Five Bean and Lentil Soup (gf)

## **Main Courses**

Oak Marinated Silken Tofu in Chinese Black Bean Sauce

Tenderstem Broccoli Stir-fry, Spiced Cashew Nuts and Crispy Rice Noodles (vegan)

Chestnut, Spinach and Blue Cheese en Croûte

Apple, Courgette and a Grain Mustard Cream

**Stir-fried Quorn with Oriental Vegetables** 

Rice Noodles and Sesame (vegan) (gf)

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### **Desserts**

#### Cinnamon Roasted Apple

Cream Cheese and Sultanas (vegan)

#### Lemon, Poppy Seed and Cashew Nut Cheesecake

Blackcurrant Compote (vegan) (ls)

## Cheeseboard

A Selection of Regional British and Continental Cheeses with Biscuits

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# Vegetarian & Vegan Lunch

## **Starters**

#### Tempura of Vegetables

Tamari Dip (vegan) (gf)

#### Grilled Halloumi and Fig Salad

Spinach, Rocket and Coriander Dressing (gf)

#### **Cauliflower Soup**

Golden Croutons

## **Main Courses**

#### **Courgette Dumplings**

Tenderstem Broccoli and Curried Tomato Sauce

#### **Edamame Bean and Pea Risotto**

Black Garlic and Pickled Ginger (gf)

#### Mushroom, Chestnut and Cranberry Tart

Roasted Mediterranean Vegetables (vegan)

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## **Desserts**

#### **Chocolate Brownie Cake**

Glazed Banana and Hazelnuts (vegan) (gf)

#### **Courgette Cake**

Cinnamon Mascarpone and Pistachios (Is)

## Cheeseboard

A Selection of Regional British and Continental Cheeses with Biscuits

## Recommended Wine

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Malbec, Kaiken Reserve, Mendoza, Argentina

£6.75

#### Red Wine Glass 250ml- Rich & Spicy



# Vegetarian & Vegan Lunch

## **Starters**

Celeriac, Apple, Roast Beetroot and Pecan Nut Salad (vegan) (gf)

Roasted Grape and Ricotta Bruschetta

**Cream of Tomato Soup** 

Basil Oil and Golden Croutons

## **Main Courses**

Roasted Cauliflower and Baby Gem

Broccoli, Carrot and Potato Crisp (vegan) (gf)

Macaroni Pasta Gratinati

Cheddar Cheese Sauce and Focaccia

Goan Coconut and Vegetable Caldeen

Spiced Rice, Condiments and Chutney (vegan)

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### **Desserts**

### Apple and Gooseberry Spiced Crumble

Vanilla Soy Yoghurt (vegan) (ls)

#### Rosemary Roasted Pineapple

Mango and Pink Peppercorn Sorbet, Banana Jam (vegan) (gf) (ls)

## Cheeseboard

A Selection of Regional British and Continental Cheeses with Biscuits

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Red Wine Glass 250ml- Rich & Spicy



# Vegetarian & Vegan Lunch

## **Starters**

#### Vegetable Crudités and Guacamole

Tortilla Chips (vegan) (gf)

#### Summer Bean and Pea Salad

Lemon Couscous

#### Red Cabbage Consommé

Gala Apple, Grape Mustard and Sauvignon Vinegar (vegan) (gf)

# **Main Courses**

#### **Cottage Pie with Garlic Butter Sweet Potato Mash**

Thyme Glazed Carrots (gf)

#### Roasted Pumpkin Tortellini with Sage Butter

Toasted Pine Nut and Sweetcorn Sauce

#### **Crisp Polenta and Grilled Artichokes**

Salsa Verde (vegan) (gf)

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## **Desserts**

#### Sticky Toffee Cake

Date Purée and Apple Compote (vegan)

#### Coconut and Lemongrass Panna Cotta

Ginger Crumb and Strawberries (vegan) (gf) (ls)

## Cheeseboard

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# Vegetarian & Vegan Lunch

## **Starters**

Toasted Quinoa, Walnuts, Lime, Mango and Baby Leaves
Gremolata (vegan) (gf)

#### Salad of Roast Beetroot and Mixed Greens

Vanilla Balsamic Dressing (vegan) (gf)

#### **Cream of Tomato Soup**

Basil Oil and Golden Croutons

## **Main Courses**

Lentil Spaghetti Bolognese

Garlic Bread

#### Fusilli Pasta

Creamed Pesto, Pine Nuts and Walnuts

#### Carrot Rösti and Garlic Butter Beans

Coriander Pesto and Sweet Potato Chips (vegan) (gf)

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## **Desserts**

#### Chilled Lemon Soufflé

Blackberry Sorbet and Poached Blackberries (vegan) (gf)

Fruit Salad (vegan) (gf) (ls)

## Cheeseboard

A Selection of Regional British and Continental Cheeses with Biscuits

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£6.75

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# Vegetarian & Vegan Lunch

## **Starters**

#### Avocado Pear with Crumbled Goat's Cheese Crotin

Raspberry Vinaigrette (gf)

#### **Waldorf Salad**

Apples, Walnuts, Red Grapes, Mayonnaise and Natural Yoghurt (gf)

#### Chilled Cucumber Consommé

Spinach, Bok Choy and Tamari (vegan) (gf)

# **Main Courses**

#### Wild and Cultivated Mushroom Bourguignon

Creamed Potatoes (gf)

#### Feta, Tomato and Spinach Filo Pastry

Mediterranean Potatoes and Romesco Dip

#### Thai Green Vegetable Curry

Jasmine Rice (vegan) (gf)

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## **Desserts**

#### Vanilla Soya Rice Pudding

Raspberry Jam (vegan) (gf)

#### Minted Pineapple

Mango Soup and Lemon Sorbet (gf) (ls)

## Cheeseboard

A Selection of Regional British and Continental Cheeses with Biscuits

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